

Student Counseling Center

According to service quality measurement of the counseling centers in Iran, Student Counseling Center of Kurdistan University of Medical Sciences has been ranked as the first one among the other 61 centers.

The Main Objectives of Student Counseling Center

- Helping the students to acknowledge and develop their skills.
- Helping the students to both recognize their own problems correctly and strengthen their discretion.
- Providing the students with some guidance in the domain of education, career, and private and public aspects of their social lives.
- Preventing the emergence and prevalence of students' problems.
- Developing the students' mental health.

Services Offered by the Student Counseling Center

- Offering psychological services and individual and group consultation in the domain of mental disorders (such as cheerlessness, anxiety, etc), educational, emotional and marital problems.
- Conducting regular mental health surveillance of the students and providing the at-risk students with helpful services.
- Conducting research projects in the domain of mental health.
- Holding educational workshops before, during and after marriage in order to strengthen family foundation.
- Holding educational workshops to prevent drug abuse.
- Holding educational workshops on the ten life skills to empower students.
- Holding workshops on educational empowerment such as curriculum planning and helpful study guideline.
- Offering phone consultation
- Offering psychiatric and pharmacotherapeutic services to the students.
- Providing and distributing educational leaflets on psychology, mental health, addiction, marriage and life skills.
- Holding educational entertainment camps to create vitality in students.

- Holding conferences and seminars on marriage, addiction, study and mental health.
- Offering helper services such as financial and educational rehabilitation.
- Lending some books in the domain of mental health, life skills, psychology and marriage to the students.
- Students' cooperation in promoting mental health by participating in educational programs on peer helpers mental health.

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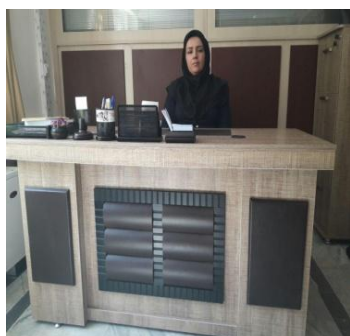
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